

# 中国药膳研究会

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## 中国药膳研究会团体标准 项目提案立项公告

**Announcement of Approval for Group Standard Project  
Proposal of China Association of Health-Protection Food**

2020 年第 7 号（总第 15 号）

No.7, 2020 (No.15 in total)

中国药膳研究会批准团体标准项目提案《失眠人群药膳调理指南》（ZGYSYJHS-2020（006））立项，现予公告。

It is now announced. that the group standard project proposal *The Guidelines of Health-Protection Food on Regulating Sleep* (ZGYSYJHS-2020 (006)) is approved by China Association of Health-Protection Food.

中国药膳研究会

二〇二〇年八月三十一日

China Association of Health-Protection Food

August 31, 2020